

## Kit List

### Things to think about when packing your bag

During the activities, Brenscombe provides all the required safety equipment and can also provide some waterproofs for adult groups. However with the waterproofs, we cannot always ensure we have enough sizes to suit everyone so we do recommend that everyone does try to bring their own and we can then supplement those who do not have suitable clothing.

All clothing should be labeled with the owners name and participants are responsible for their personal belongings they bring with them.

We strongly suggest that people do not bring jewelry or new / expensive clothes as the nature of the activities can get clothes wet, muddy or worn.

We do operate a lost property system. Those people who find they have left items at the Centre after their stay can call with details. We will then post items on. A small admin and postage charge will have to be paid for this service.

During water sports activities, people will have to wear footwear that will get wet and muddy.

#### Things to think about when packing your bag..:

What do you want to wear during the evening or when not on activity sessions?

What do you want to wear when sleeping in dorms or if you need to get up and walk to the toilet in the night?

How many days are you at the Centre?

Are you doing any water sports?

What are you going to keep wet and dirty clothes in after activity sessions?

What's the weather likely to be like?

Torch

Sun cream

Insect repellent

Medication

Small rucksack

Swimming costume

Towel

Toiletries

2 sets of footwear (one to get really wet and muddy)

Waterproof jacket

Clothes to wear for meals, socializing in the evening in town or around the Centre

Clothes to wear on activities...?

...t – shirts

...jumpers

...long trousers

...shorts

...hat + gloves

...sensible shoes / trainers

Jewelry should not be worn during activities

All our bedrooms come complete with pillows, duvets and linen so there is no need to bring any bedding.